

Diabetic Instructions for Your Endoscopy

The night before your Endoscopy take your usual Diabetic Medications.

The morning of your Endoscopy, **DO NOT** take your long-acting insulin or diabetic pills.

Check a fingerstick when you wake up. If you have rapid acting insulin (Regular, Lispro, Humalog, Aspart & Novalog), use the following coverage scale:

- Fingerstick less than 200 - *No Insulin*
- Fingerstick 201-250 - *2 Units of rapid – acting insulin*
- Fingerstick 251-300 - *4 Units of rapid – acting insulin*
- Fingerstick more than 300 - *6 Units of rapid – acting insulin*

If you have any further questions about your diabetes the morning of your Endoscopy, please call the physician who normally cares for your diabetes.

If you have Low Sugar Episodes the morning of surgery, put granulated sugar inside your lip or cheek and let it dissolve, or take your glucose shot.

Additional Instruction:

Always bring your Medications with you to the Endoscopy Center.

Please call the office during regular business hours for any questions

918-438-7050, M-Thurs 8:00am – 4:30pm, Friday 8:00am-3:00pm