

CLENPIQ LOW VOLUME COLONOSCOPY PREP

Your procedure is scheduled for:

Date: _____ Place: _____

Arrival Time: _____ Procedure Time: _____

Physician: _____

Fill your prescription at the pharmacy. We also recommend purchasing simethicone (“Gas-X”) over the counter. Capsules, liquid, or chewable tablets are all OK.

Three days before the procedure, begin a LOW RESIDUE DIET (see low residue diet instructions)

One day Before the Procedure:

1. Do not eat anything solid. Follow the clear liquid diet instructions.
2. Clear liquids include water, black coffee, tea, apple juice, white grape juice, soda, Jell-O, popsicles, broth, and Gatorade or other sport drinks. DO NOT drink milk or use non-dairy creamer. DO NOT drink anything colored red or purple. DO NOT drink alcohol.

The Evening Before Procedure at 5:00pm:

1. Take 2 Gas-X.
2. Drink the first 5 oz bottle of Clenpiq.
3. Drink five 8 oz. cups water over the next 5 hours.

The Day of the Procedure:

1. Do not eat.
2. At least 4 hours before your scheduled procedure time, drink the second 5 oz. bottle of Clenpiq.
3. Drink at least three 8 oz. cups of water over the next hour.
4. You may have clear liquids until 2 hours before your arrival time. Do not chew gum.

Important:

1. You will not be able to drive after your procedure. You will need a driver to stay during your procedure and to drive you home afterward.
2. Avoid iron supplements for 1 week before the procedure.
3. If you take aspirin for heart protection, DO NOT stop taking it.
4. If you normally take medication in the morning for high blood pressure or seizures, please take it as usual at least 2 hours before the procedure.
5. So that appropriate adjustments can be made, please notify your doctor at least one week before the procedure if you take warfarin (Coumadin), Plavix, Eliquis, Xarelto, Pradaxa, or other blood thinners.

Please call the office during regular business hours for any questions.

918-438-7050, M-Thurs 8:00am – 4:30pm, Friday 8:00am-3:00pm