

# **SUPREP SPLIT DOSE BOWEL PREP FOR COLONOSCOPY**

Your procedure is scheduled for:

Date: \_\_\_\_\_ Place: \_\_\_\_\_

Arrival Time: \_\_\_\_\_ Procedure Time: \_\_\_\_\_

Physician: \_\_\_\_\_

## **Have your prescription filled at the pharmacy.**

### **Day Before the Procedure:**

1. Do not eat.
2. Drink only clear liquids (no red dye). Clear liquids include:  
Coffee, tea, apple juice, white grape juice, soda, Jell-O, popsicles, broth, and Gatorade or sport drinks.
  - DO NOT drink milk or use non-dairy creamer.
  - DO NOT eat or drink anything colored red or purple.
  - DO NOT drink alcoholic beverages.

### **Evening Before Procedure at 5:00pm or 6:00pm**

1. Pour One (1) six ounce bottle of suprep liquid into the mixing container
2. Add cool drinking water to the 16 ounce line on the container and mix.
3. Drink all the liquid in the container
4. You must drink two (2) more 16 ounce containers of water over the next hour.

### **Day of the Procedure:**

1. Do not eat.
2. You may drink clear liquids up to 2 hours before your arrival time.
3. Routine medications may be taken with a sip of water.
4. 4 hours before your scheduled procedure time repeat steps 1-4 from the evening before using the other 6 ounce bottle of Suprep.

### **Important:**

1. You will not be able to drive after your procedure. You will need a driver to stay during your procedure and to drive you home after your procedure.
2. No iron containing medication for 1 week before the procedure.
3. If you take aspirin for heart protection, DO NOT stop taking it.
4. If you take any of the following medications for: blood pressure, heart, seizure, and/or anxiety; please take these medications the morning of the exam with just a sip of water.
5. Before scheduling the procedure, please notify the doctor or nurse if you take any of the following medicine: diabetic medicine, Aspirin, Coumadin, Warfarin, Plavix, or any blood thinner.
6. Verbal and written instructions will be given to you and your driver after the procedure. Although, you may not remember due to the medication given at the time of your procedure.

**Please call the office during regular business hours for any questions.**

**918-481-4700, M – F, 8:00am – 4:30pm**