

Osmoprep Split Bowel Prep for Colonoscopy

Your procedure is scheduled for:

Date: _____ Place: _____

Arrival Time: _____ Procedure Time: _____

Physician: _____

Have your prescription filled at the pharmacy.

Day Before the Procedure:

1. Clear liquid diet only (no red dye)
Coffee, tea, apple juice, soda, water, Jell-O, popsicles, broth, and sports drinks
2. At 6pm take 4 Osmoprep tablets every 15 minutes with at least 8oz of any clear liquid until 20 tablets have been consumed. Remain close to toilet facilities.
3. It is important to drink all of the additional clear liquid following the prep tablets in order for this prep to work and in order for you to stay hydrated.

Day of the Procedure:

1. Do not eat.
2. 4 hours before your procedure time, take 4 Osmoprep tablets every 15 minutes with at least 8oz of any clear liquid until 12 tablets have been consumed.
3. You may drink clear liquids up to 2 hours before your arrival time.

Important:

1. You will not be able to drive after your procedure. You will need a driver to stay during your procedure and to drive you home after your procedure.
2. No iron containing medication for 1 week before the procedure.
3. If you take aspirin for heart protection, DO NOT stop taking it.
4. If you take any of the following medications for: blood pressure, heart, seizure, and/or anxiety; please take these medications the morning of the exam with just a sip of water.
5. Before scheduling the procedure, please notify the doctor or nurse if you take any of the following medicine: diabetic medicine, Aspirin, Coumadin, Warfarin, Plavix, or any blood thinner.
6. Verbal and written instructions will be given to you and your driver after the procedure.

Please call the office during regular business hours for any questions.

918-481-4700, M – F, 8:00am – 4:30pm