

HALFLYTELY SPLIT DOSE PREP FOR COLONOSCOPY

Your procedure is scheduled for:

Date: _____ Place: _____

Arrival Time: _____ Procedure Time: _____

Physician: _____

Have your prescription filled at the pharmacy AND buy Ducolox (Bisacodyl) tablets over the counter at the pharmacy.

Day Before the Procedure:

1. Clear liquid diet only (no red dye)
Coffee, tea, apple juice, soda, water, Jell-O, popsicles, broth, and sports drinks
2. Noon – Take 4 Ducolox (Bisacodyl) tablets with 8oz of water
3. 1:00pm – Mix the solution with lukewarm water and shake. Refrigerate solution.
4. 6:00pm – Drink an 8oz glass of the solution every 15 minutes, until you have consumed half of the solution.

NOTE: HalfLyteLy is generally well tolerated. However, side effects may include: nausea, bloating, and mild abdominal cramping. If nausea or vomiting occurs, wait 30 minutes and then resume drinking the solution.

Day of the Procedure:

1. Do not eat.
2. 4 hours prior to your procedure time, start drinking the 2nd half of the HalfLyteLy solution. Drink 8oz every 15 minutes until the container is empty.
3. You may drink clear liquids up to 2 hours before your arrival time.
4. Routine medications may be taken with a sip of water.

Important:

1. You will not be able to drive after your procedure. You will need a driver to stay during your procedure and to drive you home after your procedure.
2. No iron containing medication for 1 week before the procedure.
3. If you take aspirin for heart protection, DO NOT stop taking it.
4. If you take any of the following medications for: blood pressure, heart, seizure, and/or anxiety; please take these medications the morning of the exam with just a sip of water.
5. Before scheduling the procedure, please notify the doctor or nurse if you take any of the following medicine: diabetic medicine, Aspirin, Coumadin, Warfarin, Plavix, or any blood thinner so that we can make adjustments to your medications prior to your procedure.
6. Verbal and written instructions will be given to you and your driver after the procedure.

Please call the office during regular business hours for any questions.

918-481-4700, M – F, 8:00am – 4:30pm